



YOUR 21ST CENTURY HEALTH RIGHTS AND RESPONSIBILITIES

Your Rights:

1. You have the right not to die from a medical error or a medication error
2. You have the right not to be given additional health conditions by the very institutions caring for you.
3. You have the right to own your own individual health record.
4. You have the right to be part of the lowest-cost insurance pool and you have a responsibility to buy insurance.
5. You have the right to know the quality and cost of your doctor, hospital, medical device, drug, or procedure before you make a decision.
6. You have the right to know your treatment options, including complementary and alternative medicine options, before you make a decision about your course of treatment.
7. You have the right to expect your health provider to have state-of-the-art knowledge about best outcomes.

Your Responsibilities:

1. Your country should expect you to be engaged in maintaining your own health, looking at your individual health record, and taking responsibility for being aware of your health challenges.
2. Your country should expect you to pay something toward your healthcare.
3. Your country should expect you to make reasonable decisions about cost when you are relying on others to pay for your care.

Newt Gingrich from his book [Winning the Future](#)